














**PROFESSIONAL
FITNESS**

WORLD CLASS FITNESS SOLUTIONS

TRAINING CALENDAR 2017

T: +91 11 41023565 info@professionalfitness.in



Courses		January	February	March	April	May
	STC™	14th (Delhi/NCR) 29th (Bangalore)		19th (Mumbai)	9th (Delhi/NCR)	13th (Delhi/NCR)
	FTC™			12th (Delhi)		14th (Delhi/NCR)
	RIP™		10th (Noida)			
	GTC(TM)					
	Principles of Foam Rolling™		12th (Delhi)	26th (Delhi)		20th (Bangalore)
	SMRT-Core(TM)					
	Myofascial Compression Technique™			11th (Delhi)		
	G.E.L.™					
	ViPR™					
	DYNAMAX™		26th (Delhi)			26th (Delhi)
	STROOPS™					
	The Zuu™		11th (Delhi NCR)			
	Certification Course™					

*Please note that all training events are subject to change and require a minimum of 6 participants.
For bookings or more information please contact us on +91 9910024710 or educati on@professionalfitness.in